

It's been said that we now live in a microwave society. We want everything instantly and also with the minimum amount of effort given. I found myself in a similar situation shortly after my incarceration. I was speaking with my older brother over the phone after I was sentenced. I told him how I wished I had faith like his. See my brother was a believer and had been for quite a while. I distinctly remember him replying, "You can bro, but in order to do so you must be willing to endure all that I have been through. You have to go through what I've gone through in order to get what I've got". He shared another quote with me. Don't expect to become successful without first putting in the work, The only place you will find success before work is inside the dictionary, because the letter "s" comes before the letter "w". After hanging up the phone I started to meditate on what he had said. See I wanted the spiritual benefits minus the labor. I wanted triumph with no troubles, to be able to prosper with no pain. But I had to realize it didn't work that way. Jesus reminded me in (Matt. 7:14) when He said, "Narrow is the gate and difficult is the way..." In order for me to build up my faith I had to start working my faith. Just like our physical bodies we exercise our muscles to increase our strength. The same goes in the spiritual realm. If our forgiveness muscles are weak then we must exercise our forgiving muscle. Though someone hurt you, though they spoke ill of you, start forgiving them. That's the work! It maybe painful, but that's the work! It will be hard, but that's the work! But in the end you will be successful, victorious and also forgiven of your trespasses. The more you practice forgiving the easier it will be. The more you trust in God, the stronger your faith will be. I challenge you to exercise those spiritual muscles. The results will benefit all of us. God Bless. ☺